



Symptoms & Testing



Symptoms

These symptoms may appear 2-14 days after exposure to the virus:

- Fever or chills
- Cough
- Shortness of breath
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

When to Seek Emergency Medical Attention

Look for these warning signs for COVID-19:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face



Testing

Reasons why should you get tested:

- Exposure to the virus based on symptoms
- Recently traveled to a place where transmission is known to occur
- Close contact with an individual suspected of or confirmed to have COVID-19.

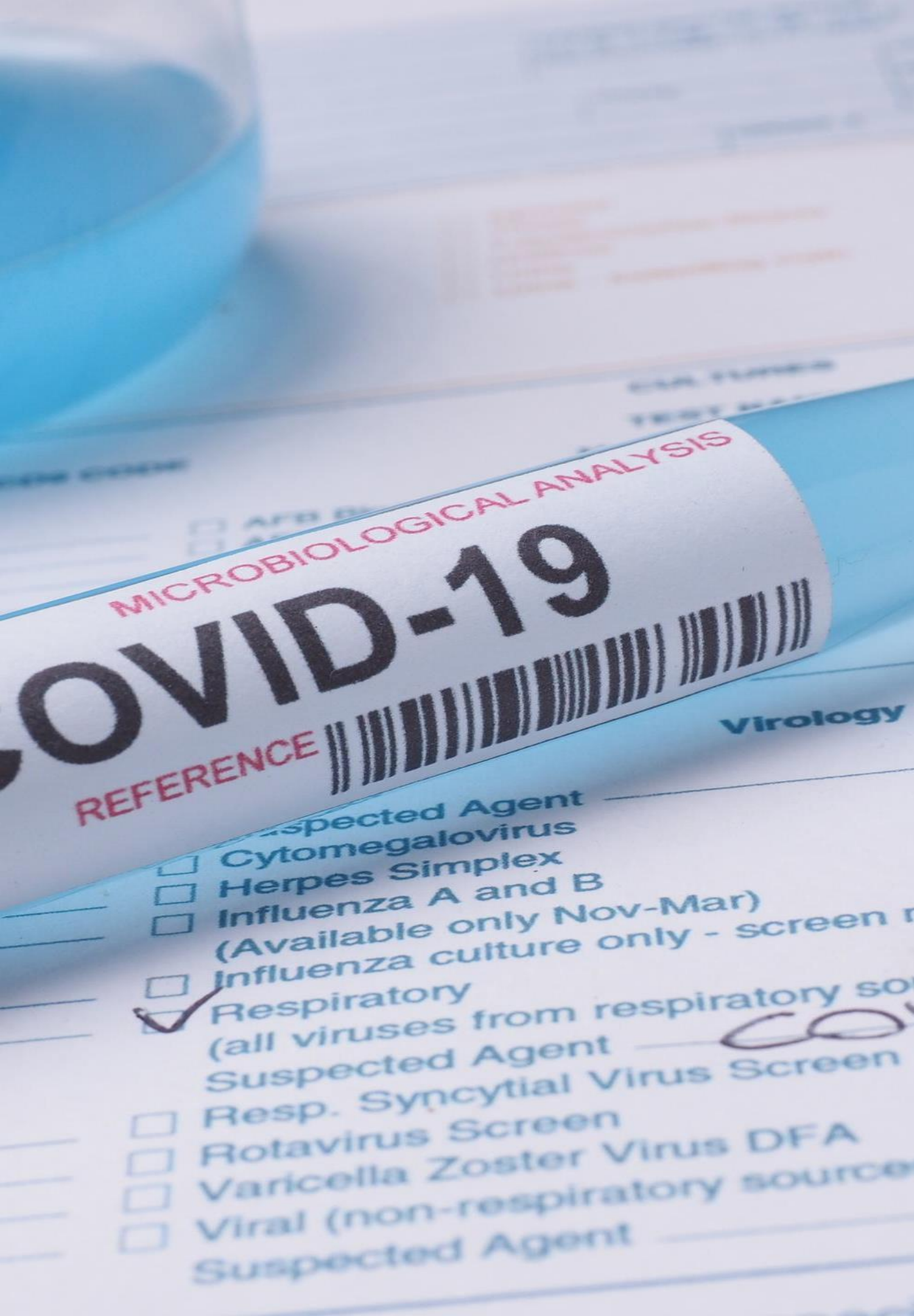
Testing Types:

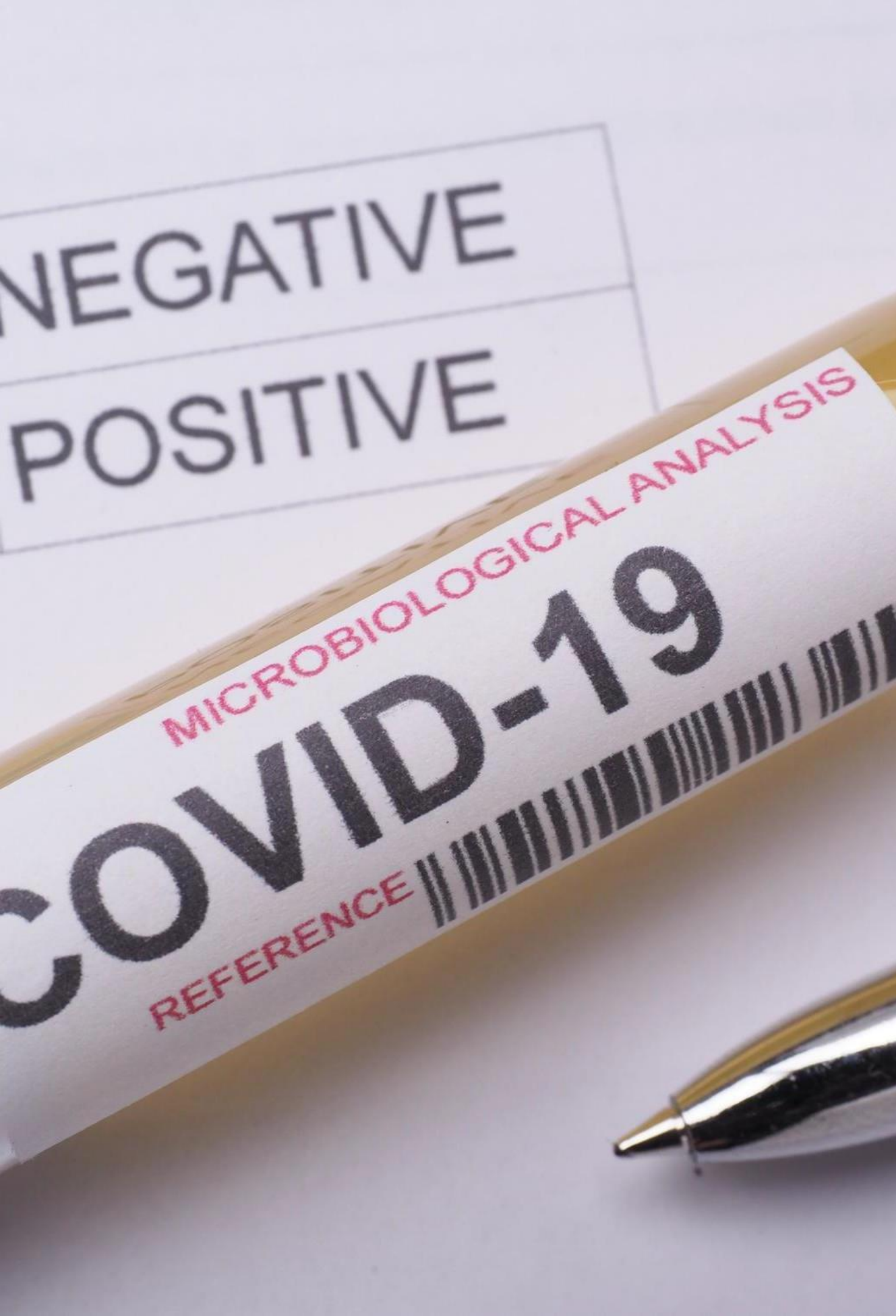
- Viral Testing- by nasal swab
 - Testing for current infection
- Antibody Testing- by blood test
 - Testing for past infection

Viral Testing

Interpreting COVID-19 Test Results

- **Viral Testing: Testing for current infection**
 - **Positive Results** Most likely you **currently** have an active COVID-19 infection and can give it to others.
 - **Action** Stay home, monitor symptoms. Follow CDC's guidance. Notify work of results.
 - **Negative Results** Most likely you **do not currently** have an active COVID-19 infection
 - **Action** If no symptoms, take steps to protect yourself and others. Only get tested again if your medical provider tells you to, or if you have been exposed to someone who tested positive.





Antibody Testing

Interpreting COVID-19 Test Results

- **Antibody Testing: Testing for past infection**
 - **Positive Results** Most likely you HAD a COVID-19 infection.
 - **Action** Stay home, monitor symptoms. Follow CDC's guidance. Notify work of results.
 - **Negative Results** Most likely you never had or have not developed antibodies for COVID-19.
 - **Action** You could still get COVID-19. Take steps to protect yourself and others.



Testing Sites

Here are some considerations for testing:

- Schedule to get tested at a Local Health Unit or Walgreens.
- Contact your health care provider- especially those at higher risk for serious illness including older adults and people with underlying conditions.

Testing Sites

- ADH Local Health Units
[ADH Local Health Unit COVID-19 Testing Locations](#)
- Walgreens in Little Rock
[Drive-Thru COVID-19 Testing At Walgreens](#)

Just Remember:

If you have been exposed,

- Wear a face mask.
- Schedule to be tested at a local Health Unit in your area or contact your health care provider.
- Stay home. Avoid public areas.
- Quarantine for at least 14 days from the most recent exposure to the positive patient. If you are exposed again during quarantine, the 14-day period must start over again.
- Stay in another room away from others.
- Rest and stay hydrated.
- Treat symptoms, as necessary.
- Call your doctor or 911 in an emergency.

